One of the premises of this course is that understanding psychopathology is essential for the clinical psychologist. The goals of this course are to familiarize you with the DSM-IV disorders in adulthood including schizophrenia and related disorders (schizoaffective, schizoaffective disorder, paranoia, schizotypal disorder), affective disorders (bipolar and unipolar depression, psychotic depression, dysthymia), anxiety disorders (panic disorder, social anxiety disorder, generalized anxiety disorder, posttraumatic stress disorder, obsessive compulsive disorder, and specific phobias), substance abuse disorders (emphasizing alcohol abuse and dependence) and personality disorders (borderline, histrionic, narcissistic, and sociopathic personality disorders). If we have time, we will also deal with sexual dysfunction and disorders.

The goal of the class will be for you to be able to recognize these disorders in clinical situations and make differential diagnoses, as well as have ideas of what the main effective treatments are for each disorder according to current research. Some emphasis will be made on potential maintenance factors, and when known, some issues of etiology. Readings will be derived from the three main textbooks on Adult Psychopathology (Hersen, Turner, & Beidel’s Adult Psychopathology and Diagnosis (2007), Maddux and Winstead’s Psychopathology (2008), and Blaney and Millon’s Oxford Textbook of Psychopathology (2009)), and from theoretical or review articles. The course uses the DSM-IV TR diagnostic system as the foundation, and you should be familiar with diagnoses and criteria for each of the disorders we review according to DSM by the end of the course. The course will focus on phenomenology (descriptions of the symptoms) of the disorders, including symptoms, differential diagnosis and rates of co-occurrences with other disorders. Brief information regarding the current state of the field in treatments, maintenance factors, and theories of etiology will be the secondary emphases.

As part of a way for you to process the readings and for me to orient towards your interests, one of the requirements is for you submit 1-2 questions via highlearn (if you have trouble you can send them to be by email to huppertj@mscc.huji.ac.il) by Sunday night, related to the reading of the week. Questions can be about things you didn’t understand from the reading, things you wanted more details about from the reading, something that conflicts with other conceptualizations or research that you know, or some trouble you are having matching your clinical experience to the reading. Questions can be empirical, theoretical, or clinical in nature.

While there is significant information in the course to cover, I encourage each of you to think critically think about the information, raise questions, and participate in discussions.
The reading material will be a relatively comprehensive overview of each topic, which I will supplement in lectures. In order to add more to each topic, part of the class requirement will be to present an oral presentation using Powerpoint related to the topic of the day, but focusing on a single issue more in depth (approximately 30 minutes). For example, one can present on specific symptoms (e.g., going into details of characterizing formal thought disorder in schizophrenia), symptom subtypes (e.g., discussing fear of harming others or hoarding as a subtype in OCD), treatment options (e.g., presenting a guideline for the treatment of severe depression or presenting recent data on whether SSRIs work for the treatment of depression), or controversies about the topic (e.g., is depression overdiagnosed and overinclusive of regular sadness? Or is social anxiety disorder really just shyness?). Given the class size, the presentations will be given in groups of 3. Presentations should include one current (2000 to present) research or review article as its foundation for the whole group. I strongly encourage presentations to relate to changes being considered for DSM V. After you have selected a topic (sign up for which week will be in the first class) and done some preliminary research, you can either email me (if you feel comfortable with your selection of material: huppertj@mscc.huji.ac.il) or meet with me for me to help you select appropriate material (email me to set up a time, I am in the University most days).

I will put all Powerpoint presentations on Highlearn after each class, including student presentations. Please make sure that your information (especially email address) is accurate in Highlearn.

Grade: 10% weekly questions, 25% presentation, 65% take home final exam (covering material from the readings, lectures, and presentations).

**Class 1: Psychopathology**
Definitions (Prototypes vs. Harmful dysfunction), models (person as disordered vs. person with disorder; medical, contextual, psychological models of illness), continuum vs. categories: towards DSM-V?, comorbidity

*Chapter 1: Mental Disorders as Discrete Clinical Conditions: Dimensional versus Categorical Classification; Widiger & Mullins-Sweatt (2007), Chapter 1 in Hersen et al.*

**Class 2: Schizophrenia**
(history, positive, negative symptoms, thought disorder, genetics, subtypes, personality and disorder, schizotypal and schizoid PD, treatments: primary and adjunctive)

Chapter 8: *Schizophrenia;* Walker et al. (2008), Chapter 10 in Maddux and Winstead


Optional: Cannon, TD. What is an endophenotype? *Annual Review of Clinical Psychology*

**Class 3. Alcohol Abuse and Dependence**
(differentiation of abuse and dependence, addictive personality?, substance matching hypotheses, genetics, treatments: psychological and biological)
Chapter 6. Substance Use disorders: Fals Stewart and Klosterman; Chapter 15 in Maddux & Winstead

Class 4. Bipolar Disorder (history, time course, differential diagnosis with schizoaffective and other disorders, genetics, treatments)

Bipolar Disorder; Miklowitz & Johnson, (2006); Annual Review of Clinical Psychology

Class 5. Depressive Disorders I (major depressive episode/disorder, dysthymia, minor depression, depressive personality, melancholia, atypical depression)

Chapter 9. Mood Disorders: Depressive Disorders (Ingram, Scott, Hamill (2009)); Chapter 9, Oxford Handbook of Psychopathology

Class 6. Models of depression II (etiology & maintenance/ treatment: dynamic, evolutionary, cognitive, behavioral, biological)

Sadness, Chapter 7 in Power & Dalgleish (2008), Cognition and Emotion: From Order to Disorder

Class 7. Anxiety Disorders I. (panic, social anxiety (and avoidant personality disorder), specific phobia; models of etiology, maintenance, and treatment)


Class 8. Anxiety Disorders II. (generalized anxiety disorder, OCD and OC PD; models continued)

Chapter 6, Brown & Lawrence, 2009; Oxford Handbook of Psychopathology

Class 9. Anxiety disorders III. PTSD and trauma (theories, models, treatments, etc.)

Spitzer, First, and Wakefield, 2007. Saving PTSD from itself in DSM-V. Journal of Anxiety Disorders.

Class 10. Personality Disorders I. Borderline Personality Disorder (diagnosis, history, Kernberg’s model, Fonagy’s model, Linehan’s model, and Young/Beck’s Model)

Chapter 17. Personality Disorders; Ansell & Grillo (2007)


Class 11. Personality Disorders II. Antisocial, Histrionic, Dependent personalities


Class 12. Sexual dysfunction and disorders reading TBA